Henricus At Home

MAY DAY BASKET

May Day is a celebration of the end of winter and the return of spring. Long ago, people would go out before sunrise to collect wildflowers and greenery. They would use the plants to decorate their homes. Later, this tradition evolved into the practice of making May baskets.

May baskets are small baskets or paper cones that people would fill with flowers or treats and leave anonymously on their neighbor’s doorstep. This practice was most popular in the United States during the 19th and 20th centuries, though some people still make May baskets today.

To make a May basket of your own, follow the simple steps below.

Happy Spring!

MATERIALS

- Fresh flowers or plants
- Paper
- Scissors
- Tape or glue
- Ruler
- Ribbon or string
- Hole punch
- Markers
INSTRUCTIONS

Step 1: Cut your piece of paper into a square. Use your ruler to help you measure—each side should be of equal length.

Step 2: Turn the square of paper so that it looks like a diamond. Draw a curved line that connects the two corners on the sides (see photo). Cut along the line. You should now have a piece of paper that looks like a fan.

Step 3: Use markers to decorate your piece of paper however you like.

Step 4: Roll the piece of paper into a cone. Tape or glue the edges together.

Step 5: Use a hole punch to make two holes near the top edge of the cone. Insert a ribbon or string and tie into a bow.

Step 6: Fill your May basket with flowers or treats and hang it on your parent’s or sibling’s door as a May Day surprise!