

HENRICUS AT HOME

ORANGE AND CLOVE POMANDER



A pomander is a small ball filled with fragrant spices. Pomanders date back to the Middle Ages, when they were used to ward off bad smells and purify the air. Traditionally, pomander balls were made of metal and would have been worn on a chain or attached to clothing. Today, you will learn how to make a simple pomander ball using ingredients that can be found at home.

MATERIALS

◆ Whole Cloves ◆ An Orange ◆ Toothpick ◆ Optional: Paper Bag

INSTRUCTIONS

Step 1: Use a toothpick to poke small holes into the skin of your orange. Poke the holes in any design or pattern than you like.

Step 2: Insert one clove into each hole.

Step 3: (Optional) Seal the completed pomander in a brown paper bag for a week or two. This will dry the out the orange and make your pomander last longer.